

EFG: Comprehensive Wellness Policy

Policy

The Cleveland Metropolitan School District (hereto referred to as the District) is committed to the optimal development of every student. The district believes that for students to have the opportunity to achieve personal, academic, developmental, and social success, we need to create positive, safe, and health-promoting learning environments at every level, in every setting, throughout the academic school year.

The Chief Executive Officer develops and maintains a comprehensive wellness plan in compliance with Federal law.

The comprehensive wellness plan:

- Includes goals for nutrition promotion and education, physical activity, and other school-based activities designed to promote student wellness developed with consideration of evidence-based strategies and techniques
- Includes nutrition guidelines for all foods provided but not sold to students in the District during the school day to promote student health and reduce childhood obesity
- Assures that District guidelines for all food and beverages sold during the school day are, at a minimum, equal to the guidelines issued by the U.S. Department of Agriculture (USDA) and that marketing of foods and beverages on the school campus during the school day is prohibited for foods or beverages that do not meet the nutritional standards established by the District following USDA regulations
- Establishes a plan of implementation and evaluation, including designating one or more persons within the District with the responsibility for ensuring that the District is compliant with Federal law

The District convenes a district wellness council (DWC) that meets at least six times per academic year to establish goals for and oversee school health and safety policies and programs, including development, implementation, and periodic review and update of this comprehensive wellness policy.

The DWC membership represents all school levels (elementary and secondary schools) and includes (to the extent possible), but is not limited to: parents and caregivers; students; representatives of the school nutrition program (For example, school nutrition director); physical education teachers; health education teachers; school health professionals (For example, nurses, mental health, and social services staff); school administrators (For example, Chief Executive Officer, principal, assistant principal), school board members and the general public. The DWC includes representatives from various school buildings and reflects the community's diversity to the extent possible. If school representatives or parents cannot attend DWC meetings in person, opportunities for regular feedback are made available.

The District informs families and the public each year of basic information about this policy, including its content, updates to the policy, and implementation status. The District makes this information available on the District website and District-wide communications. At least once every three years, the District will evaluate compliance with the wellness policy to assess the implementation. The Triennial Report will be accessible for all District employees, students, families, and the community via the District website at www.clevelandmetroschools.org.

The DWC will update or modify the wellness policy based on the results of the annual progress reports and triennial assessments, and as District priorities change; community needs change; wellness goals are met; new health science, information, and technology emerges; and new Federal or state guidance or standards are issued. The wellness policy will be assessed and updated at least every three years.

History

- Adopted: August 29, 2006
- Amended: April 23, 2013; March 21, 2017; April 23, 2019

Legal References

- [Child Nutrition and WIC Reauthorization Act; Pub. L. No. 108-265 \(Title I, Section 204\), 118 Stat. 729](#)
- [National School Lunch Act; United States Code, Title 42, Chapter 13, Section 1751 et seq.](#)
- [Child Nutrition Act of 1966; United States Code, Title 42, Chapter 13A, Section 1771 et seq.](#)
- [Code of Federal Regulations, Title 7, Subtitle B, Chapter 11, Part 2107](#)
- [Code of Federal Regulations, Title 7, Subtitle B, Chapter 2, Subchapter A, Part 220](#)
- [Code of Federal Regulations, Title 7, Subtitle B, Chapter 2, Subchapter A, Part 225](#)
- [Code of Federal Regulations, Title 7, Subtitle B, Chapter 2, Subchapter A, Part 245](#)
- [Ohio Revised Code Section 3313.60](#)
- [Ohio Revised Code Section 3313.6011](#)
- [Ohio Revised Code Section 3313.751](#)
- [Ohio Revised Code Section 3313.814](#)
- [Ohio Revised Code Section 3323.01](#)
- [Ohio Revised Code Section 3791.031](#)
- [Ohio Revised Code Section 3794.01](#)
- [Ohio Revised Code Section 3794.02](#)
- [Ohio Revised Code Section 3794.03](#)
- [Ohio Revised Code Section 3794.04](#)
- [Ohio Revised Code Section 3794.05](#)
- [Ohio Revised Code Section 3794.06](#)
- [Ohio Revised Code Section 3794.07](#)
- [Ohio Revised Code Section 3794.08](#)
- [Ohio Revised Code Section 3794.09](#)
- [Ohio Administrative Code 3301-91-09](#)